

# Croup

Age	Pulse	Breathing
0-1	120-160	30- 40
1-2	80-130	25- 35
3-5	95-140	25- 30

**Croup** is a common childhood condition that babies and children can suffer from. The condition affects the upper part of the respiratory system.

Some children may suffer with cold like symptoms for a few days before developing croup.

## These symptoms may include:

- Sore throat
- Runny nose
- Fever
- Cough

## Typical signs of croup could include:

- Barking Cough
- Hoarse or croaky voice
- Difficulty in breathing
- A strange noise when the child breaths in called stridor

Symptoms tend to get worse at night.

*Mild cases of croup can usually be dealt with at home.*



**If your child develops any of the following symptoms seek immediate medical assistance or call for an ambulance.**

- Severe difficulty in breathing
- Stridor or a worsening cough
- An increased breathing rate (to breathless to feed or talk)
- Pale or blue- tinged skin
- Muscles around the chest being over worked (they may look like they are being sucked in around the ribs)
- Abnormal drowsiness and sleepiness
- Rapid heart rate
- A very high temperature
- Unable to take on fluids

call  
**999**  
if in doubt

**KeepaBeat™**

Safe in your hands

